



## Summary

A 50-minute in-class session hosted by English Tutors, offering students a variety of tips and methods for managing their time. Content designed by the First-Year Academic Skills Librarian and the Academic Integrity Office.



## Activities

Activities include self-evaluations and group discussion:

- How do students currently manage their time and how can they improve?
- What are barriers to time management?
- What are some unique approaches?



## Learning Outcomes

Students Will:

- Learn their unique approach to time management
- Become aware of good time management habits and tools
- Identify time management tools and strategies that will work best for them

# Everything You Need To Know

## Time Management Session for Your Students



## Length

50-minutes in length



## Request the Session for Your Class

[tutoring@sheridancollege.ca](mailto:tutoring@sheridancollege.ca)



## Benefits

Help Students:

- Reach their goals and gain a sense of accomplishment
- Meet deadlines
- Reduce stress

Sign your class up for our Time Management workshop today!