

A message from Dr. Janet Morrison



Strategies for Learners

September 25, 2020

This continues to be a fall like no other. While September always brings a renewed sense of purpose and excitement for new and returning students at Sheridan, recent surges in COVID-19 cases in our home communities and among young adults are deeply troubling.

In the face of this formidable and enduring threat, I'd like to direct your attention to a new resource guide created specifically for you: [COVID Strategies for Learners](#).

We recognize that the pandemic is affecting each learner differently. This guide was purposefully designed to support your success and wellness by helping you identify and mitigate the specific learning barriers you may be facing. It includes tips on engaging with your professors, information about what to do if you or a family member are ill, and details on where to access support for everything from navigating technology to coping with personal stress.

In the wake of unprecedented disruption that shows no sign of abating, I am awed by the courage and determination that you and your peers continue to demonstrate. I hope this resource cultivates the skills and attributes that will fuel your success now and into the future: resourcefulness, resilience, confidence and a sense of connection.

Please continue to take care of yourself.

Warmly,

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President and Vice Chancellor

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