

Update #2: Latest Coronavirus Updates for the Sheridan Community

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Wed 2/5/2020 4:09 PM

To: all-students-in-class@list.sheridaninstitute.ca <all-students-in-class@list.sheridaninstitute.ca>

Dear Sheridan Community,

Confirmation of two cases of the coronavirus in Toronto and in an Ontario university student are elevating public concern about the outbreak. However, Ontario's Medical Officer of Health continues to advise that the risk of contracting the virus is low.

As confirmed cases of the virus continue to increase in China, and appear in limited occurrences elsewhere in the world, we recommend the following precautionary measures:

You should contact your health care provider if you meet the following criteria:

- Exhibit fever and acute respiratory illness, or have pneumonia; AND
- Presence in China within 14 days prior to symptom onset, or exposure to persons who are sick and have travelled to China.

You can help prevent the spread of this virus and other influenza-like illnesses by:

- Washing your hands regularly with soap and water or use hand sanitizer
- Staying home when you're unwell – especially if you have a fever
- Not touching your eyes, nose and mouth with unwashed hands
- Avoiding close contact with people who are sick
- Covering your coughs and sneezes with a tissue or your arm
- Cleaning frequently touched objects and surfaces

In addition, please make use of the hand sanitation dispensers situated across our campuses.

Infectious disease experts advise that wearing a face mask does not provide protection against contracting the virus – taking the above steps is the best way to protect yourself and others.

As misinformation tends to spread rapidly through social media and sparks fear and blame of others for the outbreak, we urge you to seek out information from reliable sources, including the dedicated webpage created by the Ontario Ministry of Health to educate the public regarding the [Coronavirus](#).

Additional Resources

[Halton Public Health](#)

[Peel Region Public Health](#)

[World Health Organization](#)

[Public Health Agency of Canada](#)

[Government of Canada Travel Notices](#)

We encourage everyone in our community to stay calm and be kind to others as this situation unfolds. You can reach out to us with additional questions you may have at careandwellness@sheridancollege.ca.