

## A message from Maria Lucido Bezely

Dean of Students



### Resources and supports over the holiday break

**December 17, 2020**

Dear students,

Tomorrow marks the end of the Fall semester – a significant milestone that carries special weight in 2020, as we wrap up a year like no other. I am so proud of you, our learners, for the resilience, hard work and grit you have shown in meeting the challenges of studying during the pandemic and for pursuing your goals with dedication and determination.

Today I'd also like to remind you of some important resources that will continue to be available to you during Sheridan's holiday closure. While our campuses and virtual offices will be closed from December 23 to January 4, I encourage you to explore the below supports if you have any concerns, experience stress or anxiety, or simply would like to connect with someone or take part in a virtual community event during the break.

On our [Holiday Break Resources page](#) on Sheridan Central, you will find information on:

- confidential supports for mental health and wellbeing available 24/7;
- virtual events hosted by our student leaders, Athletics, the Sheridan Student Union and more to keep you connected;
- [Frequently Asked Questions](#) addressing a wide range of topics such as financial aid concerns, international travel and quarantine preparation, COVID-19 testing during the break;
- and much more.

If you have any pressing questions before Sheridan closes for the holidays, please do not hesitate to contact our Student Advisement team at [askanadvisor@sheridancollege.ca](mailto:askanadvisor@sheridancollege.ca) or the [Sheridan Contact Centre](#) before December 22. Otherwise, we will connect with you when Sheridan re-opens on January 5, 2021.

May you have a safe, happy and restful holiday season!

Sincerely,  
Maria Lucido Bezely  
Dean of Students

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