

94%

**Employer Satisfaction\***  
with the knowledge and skills that our graduates possess.

**Ontario College Certificate**

**Program Code:** PPSWK

Full-time | Hazel McCallion Campus | 1 yr  
(2 semesters)

**FACULTY OF APPLIED HEALTH & COMMUNITY STUDIES**

# Personal Support Worker

Sheridan's Personal Support Worker program prepares you to provide assistance to the elderly and individuals with disabilities across the lifespan.



Prepare for a caring career helping others.

## What you'll gain

In just one year, you can develop the skills you need to begin a satisfying career helping in a long-term care facility, supportive housing, home care, adult daycare and palliative care. All of our graduates have found employment in the field, and employers are consistently satisfied with the personal support workers they hire from Sheridan.

## Things you'll learn to do

- Assist clients of all ages with daily living activities
- Provide personal care with dignity and respect
- Work in long-term care, home care, senior day programs, supportive housing and other settings
- Engage clients in social activities and alleviate effects of isolation
- Work safely, including proper use of personal protective equipment (PPE) and infection control protocols

## Hands-on experience

Your training will include 350 hours in two practicum settings: a long-term care facility and a community setting of your choice. Sheridan will arrange your placements for you, and a faculty member will supervise your long-term care placement. Many students receive job offers from their placement employers.

## Admission Requirements

### Program Eligibility

**Ontario Secondary School Diploma or equivalent, including these required courses:**

- One English, Grade 12 (ENG4C or ENG4U)

or

Mature student status.

### Applicant Selection

Eligible applicants will be selected on the basis of their previous academic achievement (the average of their six highest senior-level credits, including required courses).

Applicants who do not meet the admission requirements for this program will be assessed and advised individually and may be considered for other, related programs.

### Preparation for Application

It takes a special kind of person to succeed as a personal support worker. We strongly recommend that applicants research the demands of this career and consider undertaking related volunteer experiences or working part-time with older adults prior to the selection process.

### English Language Proficiency

All applicants whose first language is not English must meet Sheridan's English proficiency requirements.

Refer to the website for full admission requirements.

## Career Opportunities

When you graduate from Sheridan's Personal Support Worker program, you can expect to quickly find a position helping the elderly or medically challenged youth.

### HERE ARE SOME PLACES YOU MIGHT WORK:

Home care

Long-term care facilities

Nursing homes

Supportive housing for seniors or young adults

## Courses

### SOME OF THE COURSES YOU CAN EXPECT TO TAKE IN YOUR PROGRAM

Caring for Clients with Ongoing Conditions

Fundamentals of Care

Mental Health Issues and Cognitive Impairment

Palliative Care for the Allied Health Worker

PSW Long-term Care Practicum

Supporting Families

Note: See website for specific terms and course listings.

## More information



**Website:**  
[sheridancollege.ca](http://sheridancollege.ca)



**Facebook:**  
[facebook.com/sheridaninstitute](https://facebook.com/sheridaninstitute)



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There's no better way to get a sense of Sheridan than with a personal visit. Book a tour and see for yourself!



[tours.sheridancollege.ca](http://tours.sheridancollege.ca)