

94%

**Employer Satisfaction\***  
with the knowledge and skills that our graduates possess.

**Ontario College Certificate**

**Program Code: PPSWK**

Full-time | Hazel McCallion Campus, Davis Campus | 1 yr (2 semesters)

**FACULTY OF APPLIED HEALTH & COMMUNITY STUDIES**

# Personal Support Worker

Sheridan's Personal Support Worker program prepares you to provide assistance to the elderly and individuals with disabilities across the lifespan.



Prepare for a caring career helping others.

## What you'll gain

In just one year, you can develop the skills you need to begin a satisfying career helping in a long-term care facility, supportive housing, home care, adult daycare and palliative care. A full 100% of our graduates find employment, and employers are 100% satisfied with the personal support workers they hire from Sheridan.

## Things you'll learn to do

- Assist clients with activities of daily living, including meal prep, feeding and personal care.
- Understand and empathize with clients and their challenging situations.
- Lift and transfer clients.
- Increase your clients' comfort, safety and mobility.
- Communicate clearly and compassionately with clients and report accurately.

## Hands-on experience

Your training will include 350 hours (14 full weeks) in two practicum settings, including a long-term care facility and your choice of community setting. Sheridan arranges your placements for you, and a faculty member supervises your Long Term Care placement. Field experiences often lead directly to employment after graduation.

## Admission Requirements

### Program Eligibility

**Ontario Secondary School Diploma or equivalent, including these required courses:**

- One English, Grade 12 (ENG4C or ENG4U)

or

Mature student status.

### Applicant Selection

Eligible applicants will be selected on the basis of their previous academic achievement (the average of their six highest senior-level credits, including required courses).

Applicants who do not meet the admission requirements for this program will be assessed and advised individually and may be considered for other, related programs.

### Criminal Record Check and Immunization Requirements

Sheridan field placement agencies require a police record check for vulnerable sector persons and a current record of immunization. Students will be required to provide this documentation directly to their field placement prior to the start of the placement and at their own expense. Students who cannot meet these requirements may have limited field placement opportunities.

### Preparation for Application

It takes a special kind of person to succeed as a personal support worker. We strongly recommend that applicants research the demands of this career and consider undertaking related volunteer experiences or working part-time with older adults prior to the selection process.

Prior to commencing the practicum, and at individual expense, students must obtain a certification in CPR Level C and St. John Standard First Aid for adults, children and infants.

### English Language Proficiency

All applicants whose first language is not English must meet Sheridan's English proficiency requirements.

Refer to the website for full admission requirements.

## Career Opportunities

When you graduate from Sheridan's Personal Support Worker program, you can expect to quickly find a position helping the elderly or medically challenged youth.

### HERE ARE SOME PLACES YOU MIGHT WORK:

Home care

Long-term care facilities

Nursing homes

Supportive housing for seniors or young adults

## Courses

### SOME OF THE COURSES YOU CAN EXPECT TO TAKE IN YOUR PROGRAM

Caring for Clients with Ongoing Conditions

Fundamentals of Care

Mental Health Issues and Cognitive Impairment

Palliative Care for the Allied Health Worker

PSW Long-term Care Practicum

Supporting Families

Note: See website for specific terms and course listings.

## More information



**Website:**  
[sheridancollege.ca](http://sheridancollege.ca)



**Facebook:**  
[facebook.com/sheridaninstitute](https://facebook.com/sheridaninstitute)



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There's no better way to get a sense of Sheridan than with a personal visit. Book a tour and see for yourself!



[tours.sheridancollege.ca](https://tours.sheridancollege.ca)