

FACULTY OF APPLIED HEALTH & COMMUNITY STUDIES

Clinical Kinesiology

In one year, gain more than 700 hours of practical experience through a blend of problem-based learning and supervised placements.



Get experience applying kinesiology skills in a clinical environment.

More than 700 hours of practical experience

It takes more than lectures and textbooks to prepare you to work with real-life clients. Apply knowledge acquired from your kinesiology degree in a clinical environment through a blend of problem-based learning and supervised placements. When you graduate, you'll be armed with 728 hours of hands-on experience — more than you'll get in any other kinesiology program in Ontario.

Position yourself and your clients for success

Every client is different, presenting unique challenges that require unique solutions. Learn how to plan, implement and evaluate programs that are customized to meet their complex needs, grounded in coaching and communication strategies that build confidence and keep them motivated. You'll also develop the skills needed to run your own clinic in a sustainable, ethical and professional manner.

Be supported by exercise science experts

Professors in this program also teach in Sheridan's kinesiology degree and have real-world experience working with clients in many capacities — including clinical exercise rehab, chronic disease prevention and management, injury rehab, high performance, and strength and conditioning. They will closely guide you through problem-based curriculum specifically designed for clinical professionals.

Admission Requirements

Program Eligibility

- Postsecondary 4-year Honours Baccalaureate degree in Kinesiology, Human Kinetics, Physical Education or a related field with a minimum GPA of 65%

Applicant Selection

Postsecondary transcripts, indicating courses completed to date, must be submitted to ontariocolleges.ca at the time of application.

Domestic applicants with education outside of Canada must have their transcripts assessed for equivalency through ICAS or WES. A comprehensive (course-by-course) assessment is required.

Applicants who do not meet the admission requirements for this program will be assessed and advised individually and may be considered for other, related programs.

English Language Proficiency

All applicants whose first language is not English must meet Sheridan's English proficiency requirements.

Refer to the website for full admission requirements.

Career Opportunities

As a graduate of Sheridan's Clinical Kinesiology graduate certificate program, you'll be job-ready to apply your kinesiology expertise in a variety of hands-on roles.

POTENTIAL CAREER OPPORTUNITIES INCLUDE:

Kinesiologist	High Performance Coach
Clinical Exercise Physiologist	Strength and Conditioning Coach
Exercise Therapist	Exercise Scientist
Chronic Disease Management Specialist	Fitness Specialist

Courses

SOME OF THE COURSES YOU CAN EXPECT TO TAKE IN YOUR PROGRAM

Kinesiology Professional Practice	Kinesiology Integrative Practice
Principles of Kinesiology	Kinesiology Business/Entrepreneurship
Advanced Physical Assessment	Field Placement

Note: See website for specific terms and course listings.

More information



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